

DIABETES-EMERGENCY PLAN

Student Name: _____ DOB: _____ School: _____
 School Nurse: _____ Date of IHP: _____

Nursing Diagnosis/Concern	Educational Goal	Plan of Action	By Whom/When
	<p>Staff will be able to recognize that the student is not able to cooperate in own care and will seek the assistance of health care professional.</p>	<p>(conscious/alert/awake-low blood sugar-continued)</p> <p>4. Return student to class with instructions to return to health office if not feeling well.</p> <p>5. If Blood Sugar is > 70 but student feeling low or not well, retest in 10 – 15 minutes. If < ____ follow treatment above for low Blood sugar.</p> <p><u>FOR STUDENT UNABLE TO PARTICIPATE IN CARE:</u></p> <p>1. If student is having symptoms such as:</p> <p>unable to swallow uncooperative combative unconsciousness seizures</p> <p>Place student on her/his side and have someone else call parent and paramedics.</p> <p>Review seizure precautions and address airway maintenance during seizure.</p> <p>2. Place one of the following into cheek pouches (that closest to the ground) and massage areas: ____ Glucose gel: 1/2 tube Insta-glucose or 1 pkt. Monogel or Glutose; ____ 1/2 tube Cakemate (19 gm tube/mini purse size)</p> <p>3. Give Glucagon injection ____ Registered Nurse/trained health assistant only)</p>	

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<p><u>Potential for high blood sugar/hyperglycemia</u></p>	<p>Staff/student will be able to recognize the signs/symptoms of high blood sugar and initiate Emergency health plan as appropriate</p>	<p>(conscious/alert/awake-low blood sugar-continued)</p> <p>4. Observe for 10 minutes, then assess for improvement: *awakening, more alert, coherent * blood sugar > 70-if student is able to test</p> <p>5. If no improvement, repeat step 2 every 10 minutes until improved or paramedics arrive.</p> <p>6. When improved, give regular soda pop as tolerated. (Avoid orange juice due to possible N/V caused by Glucagon)</p> <p><u>STUDENT WITH HIGH BLOOD SUGAR-AWAKE AND ALERT</u></p> <p>1. Recognize signs and symptoms of high blood sugar:</p> <table border="0"> <tr> <td>___ increased thirst</td> <td>___ blurred vision</td> </tr> <tr> <td>___ frequent urination</td> <td>___ drowsiness</td> </tr> <tr> <td>___ dry skin</td> <td>___ nausea</td> </tr> <tr> <td>___ hunger</td> <td>___ difficulty breathing</td> </tr> </table> <p>2. Have student check Blood sugar. If Blood sugar > ____, give ____ units Regular insulin subq. If Blood sugar > ____, check urine for ketones.</p> <p>If ketones are low-mod, contact _____ for direction If ketones are high: ___ Call MD for orders ___ Give ___ Regular insulin and call MD</p>	___ increased thirst	___ blurred vision	___ frequent urination	___ drowsiness	___ dry skin	___ nausea	___ hunger	___ difficulty breathing	<p>School nurse, health asst Staff</p> <p>School nurse</p>
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