

## Nasogastric Tube Feeding - Bolus Method Skills Checklist

Child's Name: \_\_\_\_\_

Person Trained: \_\_\_\_\_ Position: \_\_\_\_\_ Instructor: \_\_\_\_\_

|  | Demo<br>Date | Return Demonstration |      |      |      |      |      |
|--|--------------|----------------------|------|------|------|------|------|
|  |              | Date                 | Date | Date | Date | Date | Date |
| A. States name and purpose of procedure.   |              |                      |      |      |      |      |      |
| B. Preparation:  |              |                      |      |      |      |      |      |
| 1. Completes at _____ time(s)  |              |                      |      |      |      |      |      |
| 2. _____ ccs (amount)<br>_____ Formula/feeding (type of feeding)   |              |                      |      |      |      |      |      |
| 3. Feeding to be completed in _____ minutes  |              |                      |      |      |      |      |      |
| 4. Position for feeding: _____   |              |                      |      |      |      |      |      |
| 5. Identifies where procedure is done and child's activity level.  |              |                      |      |      |      |      |      |
| 6. Identifies potential problems and appropriate actions   |              |                      |      |      |      |      |      |
| C. Identifies Supplies:  |              |                      |      |      |      |      |      |
| 1. NG tube _____ (size)<br>_____ (type)  |              |                      |      |      |      |      |      |
| 2. Stethoscope   |              |                      |      |      |      |      |      |
| 3. Feeding solution at room temperature  |              |                      |      |      |      |      |      |
| 4. 60 cc catheter-tipped syringe   |              |                      |      |      |      |      |      |
| 5. Tap water   |              |                      |      |      |      |      |      |
| 6. Cap and clamp for tubing  |              |                      |      |      |      |      |      |
| D. Procedure:  |              |                      |      |      |      |      |      |
| 1. Washes hands  |              |                      |      |      |      |      |      |
| 2. Assembles equipment   |              |                      |      |      |      |      |      |
| 3. Positions child   |              |                      |      |      |      |      |      |
| 4. Explains the procedure to the child   |              |                      |      |      |      |      |      |
| 5. Checks for proper NG placement: (steps 5-10 need to be prescribed for each child)   |              |                      |      |      |      |      |      |
| a. Connects syringe to NG tubing after removing cap/plug   |              |                      |      |      |      |      |      |
| b. Places stethoscope over mid-left abdomen and gently pushes in 5-10 cc of air with syringe                                     |              |                      |      |      |      |      |      |
| c. Listens with stethoscope and identifies sounds heard with proper placement  |              |                      |      |      |      |      |      |
| 6. Aspirates stomach contents by pulling plunger back  |              |                      |      |      |      |      |      |
| 7. Measures stomach contents and returns to stomach  |              |                      |      |      |      |      |      |
| 8. If volume is over _____ ccs, subtract from feeding  |              |                      |      |      |      |      |      |
| 9. If volume is more than _____ ccs, hold feeding  |              |                      |      |      |      |      |      |
| 10. Clamps/pinches NG tubing   |              |                      |      |      |      |      |      |
| 11. Attaches syringe without plunger to NG tube  |              |                      |      |      |      |      |      |
| 12. Pours 30-40 ccs feeding into syringe   |              |                      |      |      |      |      |      |
| 13. Opens clamp on NG tubing, allows feeding to run in slowly (the higher the syringe is held, the faster the feeding will flow) |              |                      |      |      |      |      |      |

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|  |  |  |  |  |  |  |  |
|--|--|--|--|--|--|--|--|
| 14. Adds more formula when liquid is at 5cc mark. Continues to add until feeding is completed over prescribed time (lowers syringe if flow is too fast). |  |  |  |  |  |  |  |
| 15. Makes feeding like mealtime: young children may suck on pacifier   |  |  |  |  |  |  |  |
| 16. Flushes NG tube with _____ ccs water   |  |  |  |  |  |  |  |
| 17. Pinches or clamps NG tubing. Disconnects syringe.  |  |  |  |  |  |  |  |
| 18. Clamps and/or caps NG tube.  |  |  |  |  |  |  |  |
| 19. Makes sure NG tube is secured  |  |  |  |  |  |  |  |
| 20. Keeps the child in feeding position for at least 30 minutes after completing feeding   |  |  |  |  |  |  |  |
| 21. Cleans and stores syringe  |  |  |  |  |  |  |  |
| 22. Documents feeding and observations in log  |  |  |  |  |  |  |  |
| 23. Reports any problems to parents  |  |  |  |  |  |  |  |

Checklist content approved by:

\_\_\_\_\_

Parent/Guardian Signature

\_\_\_\_\_

Date