

## Female Catheterization Skills Checklist

Child's Name: \_\_\_\_\_

Person Trained: \_\_\_\_\_ Position: \_\_\_\_\_ Instructor: \_\_\_\_\_

	Demo Date	Return Demonstration					
		Date	Date	Date	Date	Date	Date
A. States name and purpose of procedure.							
B. Preparation:							
1. Completes at _____ time(s) (In emergency, complete earlier than later)							
2. Complete where _____ (Consider privacy and access to bathroom)							
3. Position for catheterization							
4. Identifies body parts:							
a. Labia Majora							
b. Labia Minora							
c. Meatus							
d. Position of urethra							
5. Identifies potential problems and appropriate actions							
C. Identifies Supplies:							
1. Type of catheter							
2. Lubricant							
3. Urine receiving pan							
4. Cleaning material							
D. Procedure:							
1. Washes hands							
2. Gathers equipment							
3. Positions child for catheterization							
4. Arranges equipment for procedure							
5. Puts on clean gloves							
6. Lubricates catheter and places on clean surface							
7. Cleans:							
a. Prepares cleaning materials							
b. Opens labia minora and majora							
c. Cleans from front of folds to back of meatus							
d. Uses swab only once							
e. Wipes a minimum of 3 times							
8. Grasps catheter about 3 inches from tip							
9. Inserts into urethra until urine begins to flow							
10. Advances 1/2 inch more							
11. Allows urine to flow by gravity into the shallow pan or toilet							
12. <u>Child-Specific</u> : If ordered, gently presses bladder to help empty							
13. Removes catheter slowly when urine stops flowing							
14. Stops and waits until all urine stops flowing							
15. Dries and dresses							
16. Washes equipment and puts used catheter in home container							
17. Documents procedure in observation log							
18. Reports any problems to parents							

Checklist content approved by:

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date