

Male Catheterization
Skills Checklist

Child's Name: _____

Person Trained: _____ Position: _____ Instructor: _____

	Demo Date	Return Demonstration					
		Date	Date	Date	Date	Date	Date
A. States name and purpose of procedure.							
B. Preparation:							
1. Completes at _____ time(s) (In emergency, complete earlier than later)							
2. Complete where _____ (Consider privacy and access to bathroom)							
3. Position for catheterization							
4. Identifies body parts:							
a. Scrotum							
b. Foreskin							
c. Meatus							
d. Glans							
5. Identifies potential problems and appropriate actions							
C. Identifies Supplies:							
1. Type of catheter							
2. Lubricant							
3. Urine receiving pan							
4. Cleaning material							
D. Procedure:							
1. Washes hands							
2. Gathers equipment							
3. Positions child for catheterization							
4. Arranges equipment for procedure							
5. Puts on clean gloves							
6. Lubricates catheter and places on clean surface							
7. Cleans:							
a. Prepares cleaning materials							
b. Retracts foreskin (if needed)							
c. Holds penis at right angle from body							
d. Pulls penis straight							
e. Cleans meatus and glans							
f. Uses swab only once							
g. Wipes a minimum of 3 times							
8. Grasps catheter about 4 inches from tip							
9. Inserts well-lubricated catheter into penis with consistent pressure (if muscle spasm occurs, stop momentarily and then again use slow even pressure) NEVER FORCE A CATHETER.							
10. When urine begins to flow, inserts 1/2 inch more							

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11. Allows urine to flow by gravity into the shallow pan or toilet							
12. <u>Child-Specific:</u> If ordered, gently presses bladder to help empty							
13. Removes catheter slowly when urine stops flowing							
14. Stops and waits until all urine stops flowing							
15. Dries and dresses							
16. Washes equipment and puts used catheter in home container							
17. Documents procedure in observation log							
18. Reports any problems to parents							

Checklist content approved by:

Parent/Guardian Signature

Date