

What You Need to Know About Antibiotics

Trust Your Doctor!

Let him or her decide when antibiotics are needed. Antibiotics will not cure – or even help – chest colds, bronchitis or the flu.

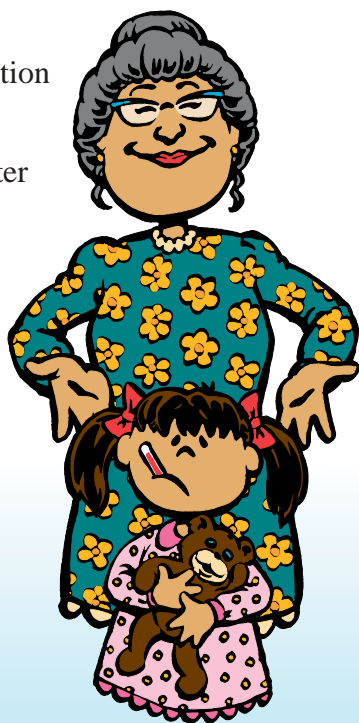
If You Do Receive An Antibiotic:

- 1** **Never** share prescriptions with other family members or friends.
- 2** **Always** take the full prescription.
- 3** Take the medication **exactly** as the doctor instructed.

If You Do Not Receive An Antibiotic:

- 1** Get extra sleep.
- 2** Drink extra fluids.
- 3** Try a non-prescription pain reliever.
- 4** Try over-the-counter cold and cough medicine.

A message from the
NEW MEXICO
DEPARTMENT OF
HEALTH
Building a Healthy New Mexico!



**Antibiotics
Are Not Always
The Answer!**

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